

Planning for deterioration at the end of life

If the person fulfils some of the criteria below, please see overleaf for guidance on how to begin a personalised care conversation, to plan for end of life.

1) **Would you be surprised if the person were to die within the next year?**

2) **Does the person have:**

- General physical decline (in bed or chair >50% of the time).
- An unstable/complex symptom burden.
- Decreasing response to treatments/decreasing reversibility.
- Increasing GP reviews or unplanned hospital admissions.

The pointers are taken from the Gold Standards Framework (GSF) Proactive Identification Guidance (6th Edition).

GET IN TOUCH

GENERAL ENQUIRIES

gm.icp@nhs.net
www.gmintegratedcare.org.uk

✕ @GMEC_SCN

✕ @NHS-111_GM


NHS

Greater Manchester

Part of Greater Manchester
Integrated Care Partnership

PERSONALISED CARE AND SUPPORT CONVERSATION

Planning for
End of Life



These prompts have been designed to support a personalised approach to advance care planning conversations.

Given that we have now recognised that your condition is beginning to increasingly impact on your life.....



1 What is important to you now?

- Who are the important people in your life?
- What routines are important for you to keep / tell me about your day to day life
- Are there any places that you like to spend time?

2

Is there anything that you would like to happen or rather not happen to you in the future?

Consider health, social, and practical situations. Examples are listed overleaf in further suggested conversation topics.

3

Who would you like to speak on your behalf if you were unable to speak for yourself?

This is a person whose opinion would need to be considered if the person loses capacity.

Further suggested conversation topics. To be personalised: For the right person, at the right time.

- Preferred place of care
- Preferred place of death
- Treatment escalation plans
- Resuscitation status
- Power of Attorney
- Advance decision to refuse treatment
- Organ donation
- Religion/spirituality
- Carers
- Caring responsibilities